

FREE NSPCC Online Safety Workshops for Parents & Carers



The NSPCC is running a series of free **Online Safety Workshops for Parents & Carers** from November to February on Zoom.

The workshops are 1 hour and will help parents and carers to find out about:

- What children and young people are doing online
- Parental concerns
- What the risks are for young people in terms of what they see, do, and who they meet online
- How to manage these risks as a parent/carer
- Sources of help and support

Each workshop will also focus on a combination of the following topics:

- Gaming
- Social Media
- Online Bullying
- Parental controls
- Mental health and well being
- Modelling good behaviour
- Online challenges, hoaxes and scams
- Persuasive design and screen time vs screen use

We would encourage that a lead professional from your setting is present on the training, so that you are aware of any concerns and can follow up appropriately. You will also benefit from hearing the same key messages as your parent/carer community. However, this isn't mandatory.

For more information and to request joining details please email parentworkshops@nspcc.org.uk

Date	Time	Content
Monday 28 Nov	7-8pm	Core content + Online challenges, hoaxes and scams + persuasive design + modelling good behaviour
Monday 5 Dec	7-8pm	Core content + social media + gaming + online bullying + parental controls
Tuesday 13 Dec	7-8pm	Core content + gaming + online challenges, hoaxes and scams + parental controls
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12 Jan	4-5pm	Core content + grooming + social media + role model behaviour
18 Jan	7-8pm	Core + Gaming + Social + Online Bullying + Parental Controls
24 Jan	7-8pm	Core + social media + online friendships + modelling good behaviour + mental health
31 Jan	5-6pm	Core + online challenges hoaxes and scams + persuasive device and screen time vs screen use + parental controls
7th Feb	4-5pm	Safer Internet Day content
13 Feb	7-8pm	TBC
22 Feb	5-6pm	Online bullying, social media, modelling good behaviour
28 Feb	7-8pm	TBC