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Relationships, Sex and Health Education

Dear Parent/Carer,

In Year 6, starting Friday 12th June, as part of our Relationships, Sex and Health Education lessons we will be following the Jigsaw scheme of learning which is fully consistent with the DfE guidelines on teaching RSE. Our framework for teaching RSHE is set within the context of developing loving relationships, family and emotional wellbeing. It is taught through a whole range of means including discussions and activities plus post viewing discussions, activities and quizzes.

Effective ground rules create an atmosphere in which children value each other's contribution and develop respect for one another. We encourage children to ask questions – using a question box in the classroom.

In Year 6, we will be teaching Puberty (physical and emotional changes), Girl Talk/Boys Talk (female and male reproductive systems will be taught scientifically) and Conception to Birth (again taught scientifically). I will be teaching the lessons for Year 6 as whole class RSE sessions, but during the 'Boy/Girl Talk' session Mr B-M will take the boys from Year 6 and I will take the Year 6 girls. All children learn about puberty for girls and boys, but we use this as an opportunity for the children to discuss any questions they have in single sex groups.

If you require any further information or have any concerns, please contact do not hesitate to contact us. For further information, you will find our Relationships, Sex and Health Policy on our website: <https://www.stpetersprimary.co.uk/relationships-sex-health-education/>

Yours faithfully,

Sarah McKenzie

Class 6 Teacher