



My Curriculum Map

2026/2027

	TERM 1		TERM 2		TERM 3	
Nursery	Introduction to PE : Unit 1	Introduction to PE : Unit 2	Dance : Unit 1	Ball Skills : Unit 1	Outdoor Adventure	Running and jumping
Reception	Fundamentals : Unit 1	Fundamentals : Unit 2	Gymnastics : Unit 1	Sending and receiving	Invasion games	Athletics
	Running and jumping	Striking and fielding	Yoga	Dance : Unit 2	Ball Skills : Unit 2	Target games
Year 1	Running and jumping	Team Building	Gymnastics	Dance	Invasion Games	Athletics
	Fitness	Striking and Fielding Games	Yoga	Sending and Receiving	Ball Skills	Target Games
Year 2	Fundamentals	Dance	Gymnastics	Yoga	Striking and Fielding Games	Invasion Games
	Invasion Games	Sending and Receiving	Target Games	Sending and Receiving	Team Building	Athletics
Year 3	Fundamentals Y3/4	Dance	Gymnastics	Swimming	Hockey	Athletics
	Rugby	Football	New Aged Curling/Boccia	Land Based Water Safety	OAA	Netball
Year 4	Fundamentals Y3/4	Dance	Gymnastics	Tennis	Hockey	Athletics
	Rugby	Football	New Aged Curling/Boccia	Land Based Water Safety		Netball
Year 5				Yoga		
	Football	OAA	Basketball		Rounders	Athletics
	Handball	Dance	Gymnastics	Dodgeball	Netball	Volleyball Y5/6
				Land Based Water Safety		
Year 6				Booster swimming		
	Football	OAA	Basketball	Yoga	Rounders	Athletics
	Handball	Dance	Gymnastics	Dodgeball	Netball	Volleyball Y5/6
				Land Based Water Safety		
				Booster swimming		