



St. Peter's Anglican Methodist VC
Primary School

Dream, Believe, Achieve

"All things are possible." Mark 9:23

Overview for PSHE 2026/27 (Cycle A)

Term/ Focus/ Year group	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
EYFS	Relationships families, friends, feelings and emotions	Respecting self and other, personal safety and safe relationships	Online safety, keeping healthy and well	Online safety, keeping healthy and well	Play activity and nutrition	Sun and water safety and economic wellbeing
Year 1	Making friends: playing and learning together	Mental health and wellbeing	Celebrating me, you and our families	Safety at home	Being healthy	Showing kindness to ourselves and others
Year 2	Me, my friends and belonging	Mental health and wellbeing	Building healthy habits	Making choices online	Keeping safe out and about	Looking out for each other
Year 3						
Year 4						
	RSHE Year 2	(Term 3) RSHE Year 4	(Term 3)			

Year 5	Friendships, stereotypes and bullying Mental health and wellbeing Positively engaging with our world Respecting boundaries Safe connections online Embedding healthy habits and learning first aid
Year 6	Changes in puberty (and sex education) RHSE Year 6 (Term 6)