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Dear Parents/Carers,

SCHOOL YEAR 2023-2024 – NEWSLETTER NO 03

STARS OF THE WEEK

Congratulations to these children who received the Star of the Week Award from their class teachers over the first week of term. They have been working hard and displaying the right attitudes and values of the school, including being Ready, Respectful and Safe. You can also find their picture on the school's website.



Friday 29th September



Friday 6th October

HARVEST FESTIVAL

It is nearly time for our annual Harvest Festival. As usual we would appreciate donations for the Harvest display, which will be set up in the Hall. Once again this year we have decided to aid a charity that is close to us. We will be asking you to provide tinned or packet goods that can be used by The Trussell Trust Food Banks namely the local based charity in Yate. The goods will be displayed alongside the loaves of bread provided by the bakery. Please send a donation in with your child on the Wednesday 11 October in the morning. Many thanks in advance. Please see the list of items that are recommended:



Food	Non-food items
<ul style="list-style-type: none"> • UHT milk • Tinned meat (hotdogs, meatballs etc.) • Tinned fish • Tinned fruit • Sponge/rice puddings • Coffee (small jars) • Long-life juice • Pasta sauce • Tinned veg (potatoes, carrots, green beans, tomatoes) • Tinned meals (spaghetti, chicken or veg curries, chilli) • Tinned soup • Jam and spreads 	<ul style="list-style-type: none"> • Shower gel • Shampoo/conditioner • Deodorant • Toilet rolls • Washing up liquid • Laundry detergent pods

CAR PARKING AND DROP OFFS

I am aware that this is a thorny issue around and about all primary schools up and down the country. When parking on your drop off or collection of the children at the start or the end of the day, please be considerate of the local residents; avoid parking across drives and park sensibly for the safety of all the children and yourselves.

Please also remember that the drop off bays are designed for use by children who can get out of the car quickly and unaided so cars can move on swiftly and keep the traffic moving ensuring there is no backing up of traffic onto the road. If your child is not able to get out of the car unaided, please park on the road and walk your child into school. A member of the school's Senior Leadership Team is always standing at the gate to access the playground and monitors unaccompanied children coming up the path.

Finally, please note the following few reminders regarding the school car park: -

- The car park is only for use by staff and visitors to school, it is not for use at drop off and pick up times. Please ensure you advise any other family members or anyone else bringing your child in or picking them up of this
- The disabled parking bays are for use by blue badge holders only
- Please do not walk over or allow your children to walk over **any area of the car park**, vehicles can be moving at any time and we have had some near misses! We have cones out for a reason, please don't walk round them. Please use the footpaths.

Thank you

LUNCHES

The children are thoroughly enjoying the lovely meals on offer each day from our new catering provider. If your child has not already sampled the meals, please book them in through Arbor to have a try, there is plenty of choice each day.

Nutritional standards are in place for school meals in England, aimed at ensuring that the food provided to pupils in school is nutritious and of high quality, and at promoting good health and eating behaviour amongst pupils.

All menus meet and exceed national nutritional standards
<https://www.stpetersprimary.co.uk/attachments/download.asp?file=244>

We will be providing some food samples for parents and carers at the parent's evenings running in November.



LET'S BE
FOOD
SMART
FOR BODY AND BRAIN

Fresh Fruit Selection and Salad Bar on offer every day

Our Superhero menu went down a treat with the children, they especially enjoyed being served by Batman & Robin!



HEALTHY LUNCHBOXES

If you choose to send your child to school with a packed lunch, please ensure it is healthy and balanced. Here is some information with great hints and tips on healthy, low sugar ideas that will keep children fuller for longer helping them to have plenty of energy to optimise their learning in the afternoons.

Lunchbox tips



Keep them fuller for longer

Base the main lunchbox item on foods like bread, rice, pasta and potatoes. Choose wholegrain where you can.



Freeze for variety

Keep a small selection of different types of bread in the freezer so you have a variety of options – like bagels, pittas and wraps, granary, wholemeal and multigrain.



DIY lunches

Wraps and pots of fillings can be more exciting for kids when they get to make them. Dipping foods are also fun and a nice change from a sandwich each day.



Cut back on fat

Pick lower-fat fillings – like lean meats (including chicken or turkey), fish (such as tuna or salmon), lower-fat spread, reduced-fat cream cheese and reduced-fat hard cheese. And try to avoid using mayonnaise in sandwiches.

[See more healthier swap ideas](#)



Mix your slices

If your child does not like wholegrain, try making a sandwich from 1 slice of white bread and 1 slice of brown bread.



Always add veg

Cherry tomatoes, or sticks of carrot, cucumber, celery and peppers all count towards their 5 A Day. Adding a small pot of reduced-fat hummus or other dips may help with getting kids to eat vegetables.



Ever green

Always add salad to sandwiches and wraps too – it all counts towards your child's 5 A Day!



Cheesy does it...

Cheese can be high in fat and salt, so choose stronger-tasting ones – and use less of it – or try reduced-fat varieties.



No carton juice drinks
No nuts
No fizzy drinks
No chocolate bars
No sweets



FOSP UNIFORM DONATIONS



Thank you to everyone for all your donations of uniform. At the moment we have plenty of trousers, skirts and polo shirts but always looking for school cardigans and jumpers please. There is a black box in the reception area that is for donations and a money box attached to the wall that you can drop money off for the FOSP.



WALLPAPER/WRAPPING PAPER



Do you have any old wallpaper or wrapping paper at home that you no longer need? If so we would love it for our displays in the classroom. All shapes and sizes welcome, please drop it in to the office. Thank you.

FREE COMMUNITY LEARNING COURSES FOR PARENTS

South Gloucestershire Community Learning offer Family Learning courses which take place in Schools and Children's centres across South Glos.

These courses enable parents, carers and grandparents to develop their own skills, knowledge and confidence to support their children's learning and development. Parental support with learning has been shown to increase children's confidence, positive attitude towards education and attainment and we would like to offer our services at your school.

Family Learning courses are delivered at no cost to schools or parents. These classes can be a one-week workshop or a number of weeks (typically 4 weeks) course.

We can offer courses such as

- Maths
- English
- Reading
- Numeracy/Literacy
- Confident Parenting
- Year 6 Transition –Coping with Change
- Coping with Challenging Behaviour
- Building Resilience
- Supporting your Child with Anxiety

We work with Schools all across South Gloucestershire supporting them to meet their priorities. As well as the courses listed above, we are able to develop bespoke courses for schools. If you are interested in finding out about accessing free Family Learning courses, please contact Community Learning on 01454 864613 to discuss your needs and to get more information, alternately please contact me, local Development worker – Aimee Hilbourne for further information. – 07548 103398



PARENTAL ONLINE SAFETY NEWSLETTER

Please find attached the e-safety newsletter for this month. The focus is on 'what do your children watch on live streaming sites?' This is crucial in enabling you to keep your children safe and prevent them from watching harmful or age inappropriate material. It also has handy tips on use of parental controls on games and in game purchases.



ABOVE AND BEYOND AWARDS

It was a pleasure to be able to have morning tea with the children who have gone the extra mile to demonstrate positive behaviours and attitudes in our school and modelled our 3 school rules: Ready, Respectful and Safe. I look forward to be able to share with more pupils over the year.



SCHOOL TOURS FOR NEW PARENTS 2024 INTAKE

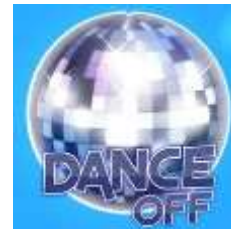
You may well have seen the banners, which are advertising St Peter's on your travels recently. We have now confirmed our dates for prospective new parents and children to come and have a look around our wonderful school. These are as follows: -

Wednesday 1 November 9.00am	Wednesday 1 November 11.00am
Friday 3 November 9.00am	Friday 3 November 11.00am
Tuesday 14 November 1.00pm	Tuesday 14 November 2.00pm

Please contact the office to book yourself on one of the tours and pass the details onto anyone you know who has a child of pre-school age.



This year to raise money for Children In Need the children are invited to come into school 'dressed as a teacher.' We will also be having a dance off in the hall. Please can children bring in a donation of £1.00 minimum. Thank you!



SCHOOL CALENDAR



The school website is packed with information and should be the first place you should visit if you are looking for dates or times. The School calendar is updated regularly with times and dates of important events for your children – please check this regularly for updates.

<https://www.stpetersprimary.co.uk/calendar/?calid=1&pid=3&viewid=1>

Best wishes

Mr Paul D Smith
Executive Head Teacher

COMMUNICATION SENT OUT LAST WEEK AND POSTED ON WEBSITE

Teddy Bear Picnic	Email	Class 1 & 6
School Health Nursing Leaflet	Email	Reception

DIARY DATES 2023/24

TERM 1

Tuesday 10 October	Year 6 visit to Lifeskills Centre, Bristol
Wednesday 11 October	Harvest Festival
Friday 13 October	Year 1 & 2 visit to the SS Great Britain, Bristol
	Year 5 & 6 visit to the MShed, Bristol
Thursday 19 October	Last day of Term 1
Friday 20 October	INSET DAY School closed to pupils

TERM 2

Monday 30 October	Start of Term 2
Wednesday 1 November	New Reception intake 2024 parents tours 9.00am and 11.00am
Friday 3 November	New Reception intake 2024 parents tours 9.00am and 11.00am
Tuesday 14 November	New Reception intake 2024 parents tours 1.00pm and 2.00pm
Friday 17 November	Children in Need Day – Dress as a teacher
Monday 4 December	Individual children's photos
Wednesday 6 December	EYFS and Key Stage 1 nativity play Hall 6.00pm
Thursday 7 December	EYFS and Key Stage 1 nativity play Hall 9.15am
Tuesday 12 December	Key Stage 2 Carol Concert
Wednesday 13 December	Christmas lunch
Friday 15 December	End of Term 2

Term dates for 2023/24

Term	Starts	Ends
Term 1	Friday 1 September 2023	Friday 20 October 2023
Term 2	Monday 30 October 2023	Friday 15 December 2023
Term 3	Tuesday 2 January 2024	Friday 9 February 2024
Term 4	Monday 19 February 2024	Thursday 28 March 2024
Term 5	Monday 15 April 2024	Friday 24 May 2024
Term 6	Monday 3 June 2024	Tuesday 23 July 2024
INSET DAYS confirmed	Friday 1 September 2023 Friday 20 October 2023 Tuesday 2 January 2024 Monday 3 June 2024 Tuesday 4 June 2024	

Term 1 Clubs

CLUB	DAY	TIME	RUN BY	WHO FOR?	HOW TO SIGN UP	COST	STARTS	ENDS
Choir	Monday	After school 3.20pm - 4.20pm	Mrs Grotzke	Year 3,4,5,6	Sign up on the Arbor App	free	11/09/2023	16/10/2023
Multi games	Monday	After school 3.20pm - 4.20pm	Bristol Sports	Yr1 - Yr6	Sign up directly with Bristol Sports - info on the flyers	see poster	04/09/2023	16/10/2023
Handball	Tuesday	After school 3.20pm - 4.20pm	Bristol Sports	Yr1 - Yr6	Sign up directly with Bristol Sports - info on the flyers	see poster	05/09/2023	17/10/2023
Tag rugby	Wednesday	After school 3.20pm - 4.20pm	Mrs Bell & Miss Daly	Year 3,4,5,6	Sign up on the Arbor App	free	20/09/2023	18/10/2023
Kickboxing	Thursday	6pm-7pm Kids 7pm-8pm Adults	Bristol freestyle Kickboxing	Everyone	Turn up at school for 6pm and pay each week	£4 kids £5 adults	runs every Thursday (throughout the holidays aswell) - follow the FB group for updates	
Orientering/ Outdoor adventurous activities	Friday	After school 3.20pm - 4.20pm	Bristol Sports	Yr1 - Yr6	Sign up directly with Bristol Sports - info on the flyers	see poster	08/09/2023	20/10/2023

*** BRISTOL SPORTS ARE NOW OFFERING A SIBLING DISCOUNT OF 25%. CALL THEM ON 0117 963 0683 TO BOOK.**