Alliance in Partnership is at the forefront of promoting a healthy lifestyle. We believe that nutritious, healthy meals designed by students and teachers, with help from our staff of experts, enhance the curriculum and help children learn. Your menu offers a choice of fresh, COMPANIES nutritionally analysed to create balanced, healthy meals. Your menus retain the Food for Life served here award and are freshly prepared using the finest, fresh and local ingredients:

- Red Tractor, Farm Assured British Meat from local butchers
- All fish products carry the MSC logo
- No undesirable additives and hydrogenated fats
- A variety of locally sourced fruit, vegetables and Fair Trade bananas served fresh daily. If you would like more information please visit our website.
- Creative Meat Free Mondays are used each month to promote sustainable living
- Whole grains and fruits used in all baked desserts
- All sauces enriched with vegetables to help increase the daily vegetable uptake
- Limits on added salt and sugar used in cooking and baking


## Food Allergies and Intolerances

 If your child has been advised by their GP or Health Care Professional to follow a special diet, please complete our Special Diet Information Form available from your school.All allergen information relating to this menu is

## Free School Meals

If your child does not currently have a delicious healthy school meal what a great time to start! If you are in receipt of certain benefits your child may be eligible for a free school meal.

Our Mission Statement
Deliver more than expected. Care more than expected. Quite simply we do not want to be just good we aim to deliver the best.

## Spring/Summer Menu

 2024WEEK 1 - 8th Apr, 29th Apr, 20th May, 10th Jun, 1st Jul, 22nd Jul, 2nd Sept, 23rd Sept, 14th Oct

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| Vegan Sausage Roll with Potato Salad (V) | Meat Feast Pizza | Roast Chicken with Roast Potatoes and Gravy | Smoky Chicken Wrap with Savoury Rice | Pork Sausage with Chips |
| Spiced Vegetable Curry with Rice (V) | Margherita Pizza (V) | Roasted Vegetable Quesadilla with Roast Potatoes (V) | Mexican Loaded Beans with Rice (V) | Veggie Nuggets with Tomato and Sweetcorn Salsa and Chips (V) |
| Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw | Pasta with Lentil <br> Tomato Sauce | Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw | Pasta with Lentil Tomato Sauce | Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw |
| Deli Option with Ham, Tuna Mayo Or Cheese |  |  |  |  |
| Hot Seasonal Vegetables |  |  |  |  |
| Pear and Ginger Muffin/Cake Fruit/Yoghurt | Fruit Jelly <br> Fruit/Yoghurt | Apple and Cinnamon Slice <br> Fruit/Yoghurt | Coconut and Lime Cake Fruit/Yoghurt | Cheesecake <br> Fruit/Yoghurt |

WEEK 3-22nd Apr, 13th May, 3rd Jun, 24th Jun, 15th Jul, 16th Sept, 7th Oct

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| Margherita Pizza | Tuscan Chicken <br> with New Potatoes | Beef Burger with <br> Spiced Harissa <br> Mayo and Wedges | Beef Bolognese <br> with Pasta | Oven Baked Fish <br> Fingers with Chips |
| Veggie Freekah <br> Traybake with <br> Vegetable Rice (V) | BBQ Baked Beans <br> and Cheese Pastry <br> Pocket with New <br> Potatoes (V) | Loaded Meatless <br> Meatball Bake with <br> Wedges (V) | Sticky Korean <br> Cauliflower with <br> Vegetable Rice (V) | Cheese and Tomato <br> Pizza Pinwheel with <br> Chips (V) |
| Jacket Potato with <br> Baked Beans, <br> Cheese, Tuna Mayo <br> or Coleslaw | Pasta with Lentil <br> Tomato Sauce | Jacket Potato with <br> Baked Beans, <br> Cheese, Tuna Mayo <br> or Coleslaw | Pasta with Lentil <br> Tomato Sauce | Jacket Potato with <br> Baked Beans, <br> Cheese, Tuna Mayo <br> or Coleslaw |
| Deli Option with Ham, Tuna Mayo or Cheese |  |  |  |  |

IF YOUR SCHOOL RETURNS AFTER EASTER HALF TERM ON MONDAY 15TH
APRIL, YOUR MENU RUN WILL START ON WEEK 2.

| WEEK 2-15th Apr, 6th May, 27th May, 17th Jun, 8th Jul, 9th Sept, 30th Sept, 21st Oct |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| Mac and Squash Cheese (V) | Sausage and Mash with Gravy | Roast Gammon with Roast Potatoes and Gravy | Asian Chicken Noodles | Crispy Baked Fish with Chips |
| Pasta Primavera (V) | Veggie Sausage Traybake with Mash (V) | Spiced Quorn with Roast Potatoes or Wedges (V) | Vegetable Shawarma with Rice (V) | Onion Bhaji and Chutney Wrap with Chips (V) |
| Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw | Pasta with Lentil Tomato Sauce | Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw | Pasta with Lentil Tomato Sauce | Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw |
| Deli Option with Ham, Tuna Mayo or Cheese |  |  |  |  |
| Hot Seasonal Vegetables |  |  |  |  |
| Chocolate and Orange Cookie | Carrot Cake | Fruity Jelly Crunch Pot | Coconut Berry Vegan Cake | Crispy Cake |
| Fruit/Yoghurt | Fruit/Yoghurt | Fruit/Yoghurt | Fruit/Yoghurt | Fruit/Yoghurt |

## (v) Vegetarian option

(ve) Vegan option
Fresh seasonal salad and bread available daily.
Fresh fruit, yoghurt and fruit jelly available daily as an alternative to the dessert of the day.

Special Diets
A dairy free, gluten free and egg free menu is available on request. Please complete the special diets information form available from your school. On return we will issue you with a specific menu for you to make your choices from. For students with multiple allergen requirements or more complex special diets we will liaise with our team of nutritionists.

All our food is prepared in a kitchen where gluten and other allergens are present and our menu descriptions do not include all ingredients. We have a nut free policy in all of our kitchens. If you have a food allergy, please let us know before ordering. All allergen information is available on request from the kitchen.

Coconut
Coconut is not considered a nut and does not fall into the peanut or tree nut allergy categories. We do use coconut in our kitchens.

