



**EAT WELL
SPEND LESS**



Learn how to cook and eat healthily on a budget

A six-week free course
Starts: Tuesday 17th September 2024
9.30am-12noon



At: St. Andrew's Church
Avonmouth Road
Avonmouth
Bristol, BS11 9EN

To book your place call: 0117 9235343
or email: office@bristolnwfoodbank.org.uk

