



**EAT WELL
SPEND LESS**



Bristol North West
Foodbank
Together with Trussell

Learn how to cook and eat healthily on a budget!



Free six-week course

**Tuesday 13th
May 2025
9.30am-12noon**

AT

**St. Peter's Church
Ridingleaze
Lawrence Weston
Bristol
BS11 0QE**

**CONTACT US
TO BOOK**

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